

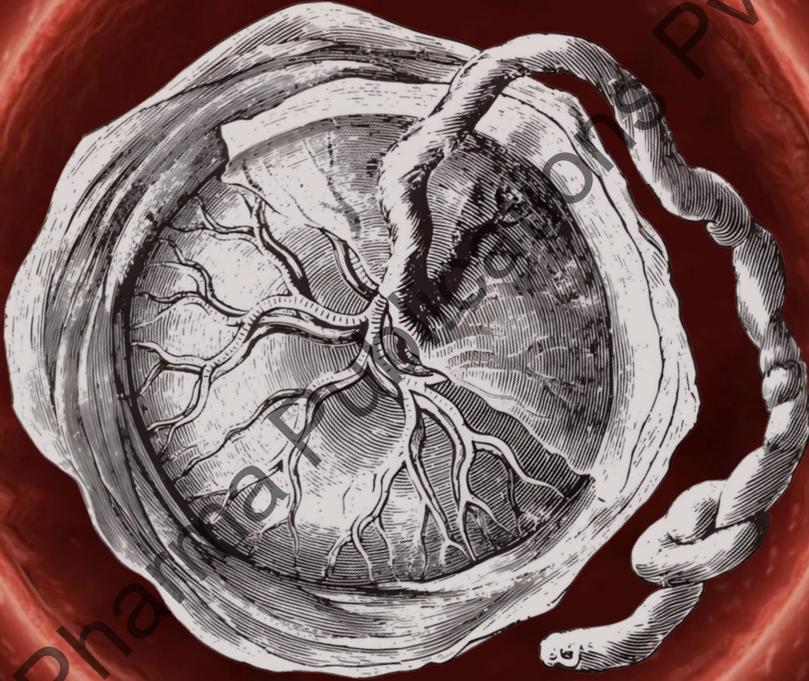


EEBR 2025

**FOGSI EEBR 2.0**

# PLACENTA

ETHICAL EVIDENCE-BASED RECOMMENDATIONS



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# Foreword

Every once in a while, a concept in obstetrics invites us to pause, rethink, and rediscover the very foundation of our clinical understanding. The placenta is one such concept—an extraordinary organ that has steadily moved from the background of obstetric science to its rightful place at the center of maternal–foetal medicine. As clinicians committed to ethical, scientific, and updated practice, it becomes our responsibility to stay aligned with such transformative insights. In leading an organization that values academic progress so deeply, I consider it my duty to support and promote work that strengthens our collective knowledge and shapes better outcomes for mothers and babies.

Over the last several years, accumulating evidence has revealed a remarkable truth: the placenta is not merely an interface between mother and foetal—it is often the origin of the disorders we diagnose, the complications we attempt to prevent, and the outcomes we strive to improve. From pre-eclampsia to foetal growth restriction, from preterm birth to stillbirth, and from metabolic programming to long-term child health, the placenta is increasingly recognised as the root cause behind many obstetric and neonatal challenges. While we have numerous books on pregnancy disorders, foetal physiology, and maternal care, there remain surprisingly few dedicated resources that explore the placenta itself as an organ. This volume fills that gap with clarity and purpose. It brings together clinical physiology, pathophysiology, diagnostic perspectives, and the diverse ways in which placental dysfunction manifests in practice. By understanding the placenta more deeply, we enhance our ability to predict, prevent, diagnose, and treat the conditions that define modern obstetrics.

This EEBR is truly special. It has been thoughtfully curated and beautifully handcrafted by a team of editors and authors who have invested months of rigorous academic work into shaping it. Their effort in synthesising complex science into practical, evidence-based recommendations reflects both intellectual depth and remarkable dedication. I extend my heartfelt appreciation to each one of them for bringing this innovative concept to life in such an accessible and meaningful way.

I am genuinely excited to hear the feedback from our fraternity and hope that this volume sparks renewed curiosity, deeper understanding, and more refined clinical practice in the years to come. May it inspire us all to look at the placenta not as an afterthought, but as the origin story of pregnancy itself.

Warm regards,



**Dr Sunita Tandulwadkar**

President, FOGSI 2025

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