



EEBR 2025

**FOGSI EEBR 2.0**

# INFECTIONS IN PREGNANCY

ETHICAL EVIDENCE-BASED RECOMMENDATIONS

**DR. SUNITA TANDULWADKAR**

*President FOGSI 2025  
Editor-in-chief*

*Convenor*  
**DR. POOJA LODHA**

*Editors*  
**DR. CHARMILA AYYAVOO  
DR. PRADEEP GANIGA**



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# Foreword

Pregnancy is one of nature's most intricate collaborations - two lives sharing one physiology, one immune system, and one delicate balance. It is within this extraordinarily complex maternal-foetal interface that infections unfold, often silently, unpredictably, and with consequences that challenge even the most experienced clinicians. When such interactions become disrupted by pathogens, the diagnosis, interpretation, and management demand not just knowledge, but depth of understanding and clinical intuition.

Foetal infections are among the most demanding areas in obstetric care because no two presentations are alike. The organisms differ, the pathways of transmission vary, the ultrasound findings may not match the true severity, and postnatal manifestations often surprise us with functional deficits that prenatal imaging could not reveal. Serology adds another layer of complexity—IgG, IgM, avidity, timing, and laboratory variability can make interpretation a challenge in itself. To further complicate matters, the prevalence of specific infections changes with geography, season, and community exposure patterns. Infections may be subtle, atypical, or evolve over time, making a high index of suspicion essential. Managing foetal infections is ultimately about seeing the whole clinical picture—not a single marker, not one scan, and not one report but the dynamic interplay of mother, foetus, pathogen, and time.

This EEBR takes this richly complicated subject and presents it with exceptional clarity. It has transformed ambiguity into understanding and complexity into practical guidance. The authors and editors have worked with remarkable diligence—reviewing evidence, synthesising intricate data, and creating recommendations that are both ethical and deeply rooted in scientific rigour. Their effort over the past months has resulted in a volume that simplifies the difficult without compromising accuracy, and I truly salute their dedication.

I hope this book equips clinicians to navigate foetal infections with sharper judgement, deeper insight, and renewed confidence—always guided by both compassion and science.

Warm regards,



**Dr. Sunita Tandulwadkar**

President, FOGSI 2025

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